

Conf. Univ. Dr. Aurora Szentagotai-Tătar  
Departamentul de Psihologie  
Facultatea de Psihologie și Științe ale Educației  
Universitatea Babeș-Bolyai, Cluj-Napoca

## LISTA DE LUCRĂRI

### A. Lucrări reprezentative după obținerea doctoratului

1. **Szentagotai, A.,** & Jones, J. (2010). The behavioral Consequences of Irrational Beliefs. In D. David, S.J. Lynn, & A. Ellis (Eds.), *Rational and Irrational Beliefs in Human Functioning and Disturbances*. Oxford: Oxford University Press.
2. Cristea, I., Matu, S., **Szentagotai A.,** & David, D. (2012). The other side of rumination: Reflective pondering as a strategy for regulating emotions in social situations. *Anxiety, Stress & Coping: An International Journal*. DOI:10.1080/10615806.2012.725469
3. Szasz, P. **Szentagotai, A.** & Hofmann, S. (2012). Effects of emotion regulation strategies on smoking craving, attentional bias and task persistence. *Behaviour Research and Therapy*, 5, 333-340.
4. Szasz, P., **Szentagotai, A.,** & Hoffman, S. (2011). The effect of emotion regulation strategies on anger. *Behaviour Research and Therapy*, 49, 114-119.
5. **Szentagotai, A.,** David, D. (2010). The Efficacy of Cognitive-Behavioral Therapy in Bipolar Disorder; A Quantitative Meta-Analysis. *Journal of Clinical Psychiatry*, 1, 66-72.
6. **Szentagotai, A.,** David, D., Lupu, V., & Cosman, D. (2008). Rational Emotive Therapy, Cognitive Therapy and medication in the treatment of major depressive disorder: Theory of change analysis. *Psychotherapy: Theory, Research, Practice and Training*, 4, 523-538.
7. David, D., **Szentagotai, A.,** Lupu, V., & Cosman, D. (2008). Rational Emotive Therapy, Cognitive Therapy and medication in the treatment of major depressive disorder: A randomized clinical trial. *Journal of Clinical Psychology*, 6, 728-746.
8. **Szentagotai, A.,** Onea, D. (2007). Is repressive coping associated with suppression? *Journal of Cognitive and Behavioral Psychotherapies*, 2, 125-138.
9. **Szentagotai, A.,** Freeman, A. (2007). An analysis of the relationship between irrational beliefs and automatic thoughts in predicting distress. *Journal of Cognitive and Behavioral Psychotherapies*, 1, 1-11.

10. David, D, & **Szentagotai, A** (2006). Cognition in Cognitive Behavior Psychotherapies. *Clinical Psychology Review*, 26, 284-298.

## B. Teza de doctorat

**Szentagotai, A.** (2007). *Controlul cognitiv în funcționarea minții umane*. ASCR: Cluj-Napoca.

## C. Cărți și capitole în cărți

1. *Sistem de Evaluare Clinică (SEC)* (2007). Cluj-Napoca: RTS, (Coordonator: D. David)
2. *Consiliere și orientare - ghid de educație pentru carieră* (2004). Cluj-Napoca: ASCR. (Coordonatori: M. Miclea, & G. Lemeni)
3. *Consiliere și orientare - ghid de educație pentru carieră. Activități pentru clasele IX-XII/SAM.* (2004). Cluj-Napoca: ASCR. (Coordonatori: M. Miclea, & G. Lemeni)
4. *Baterie de teste psihologice de aptitudini cognitive – Manual de utilizare.* (2003) Cluj-Napoca: ASCR (Coordonator: M. Miclea)

\*\*\*

1. **Szentagotai, A.,** & David, D. (in press). Self-acceptance and happiness. In M. Bernard (Ed). *The Strength of Self-acceptance*. Springer
2. Lars Nielsen, S., **Szentagotai, A.,** Gavița, O., & Lupu, V., (in press). Self-acceptance in Christian theology. In M. Bernard (Ed). *The Strength of Self-acceptance*. Springer
3. **Szentagotai, A.,** Opris, D., & David, D. (2011). Virtual reality in evidence-based psychotherapy. In *Virtual Reality*. Intech Open Access Publisher.
4. Sucală, M., Igna, R., Dobrea, A., **Szentagotai, A.,** & David, D. (2010). Evaluarea și intervenția psihologică în durerea din ischemia critică. În I. A. Mironiuc (Ed). *Ischemia critică aterosclerotică a membrilor inferioare*. Ghid de diagnostic și tratament. Cluj-Napoca: Casa Cărții de Știință.
5. **Szentagotai, A.,** & Kallay, E. (2006). The faster you move the longer you live – A test of rational emotive behavior therapy. In D. David (Ed). *Critical review of clinical psychology and psychotherapy*. New York: Nova Science.
6. David, D., Lupu, V., Cosman, D., Crăciun, P., **Szentagotai, A.,** & Miclea, M (2006). Rational emotive behavior therapy versus cognitive therapy versus medication in the treatment of major depressive disorder. In D. David (Ed). *Rational Treatments – Evidence Based Psychological treatments for major depressive disorder*. București: Tritonic.

7. Băban, A., **Szentagotai, A.** (2003). Cognitive Representation of Illness and Treatment. In D. Dumitrascu (Ed.). *Psychosomatic Medicine - Recent Progress and Current Trends*. Cluj-Napoca: Ed. Medicală Universitară.

**D. Articole/studii in extenso publicate în reviste din fluxul internațional principal:**

1. Tulbure, B., **Szentagotai, A.**, Dobrean, A., & David, D. (2012). Evidence based clinical assessment of child and adolescent social phobia: A critical review of rating scales. *Child Psychiatry and Human development*. DOI 10.1007/s10578-012-0297-y

2. Burton, C. McKinstry, B., **Szentagotai, A.**, Serrano-Blanco, A., Pagliari, C., & Wolters, M. (2012). Activity monitoring in patients with depression: A systematic review. *Journal of Affective Disorders*. <http://dx.doi.org/10.1016/j.jad.2012.07.001>

3. Cristea, I., **Szentagotai, A.**, Nagy, D., & David, D. (2012). The bottle is half empty and that's bad but not tragic: Differential effects of negative functional reappraisal. *Motivation and Emotion*. DOI 10.1007/s11031-012-9277-6

4. Voinescu, B., **Szentagotai, A.**, & David, D. (2012). Sleep disturbance, circadian preference and adult attention deficit hyperactivity disorder (ADHD). *Journal of Neural Transmission*, 119, 1195-1204.

5. Cosman, I., & **Szentagotai, A.** (2012). Psychological approaches in the study of Holocaust survivor's personal history. *Transylvanian Review, Suppl. 3*, 2012, 427-436.

6. Cristea, I., Sucală, M., Ștefan, S., Igna, R., David, D., **Szentagotai, A.** (2011). Positive and negative emotions in cardiac patients: the contribution of trait optimism, expectancies and hopes. *Cognition, Brain, Behaviour. An Interdisciplinary Journal*, 15, 317-329. (BDI)

7. Voinescu, B., Coogan, A., & **Szentagotai, A.** (2010). Attitudes towards psychiatry – a survey of Romanian medical residents. *Academic Psychiatry*, 1, 75-80.

8. Sucala, M., & **Szentagotai, A.** (2010). Optimism, pessimism and negative mood regulation expectancies in cancer patients. *Journal of Cognitive and Behavioral Psychotherapies*, 10, 13-24.

9. Sava, F., Yates, B., Lupu, V., & **Szentagotai, A.**, David, D. (2009). Cost-effectiveness and cost-utility of cognitive therapy, rational emotive behavioral therapy and fluoxetine in treating depression: a randomized clinical trial. *Journal of Clinical Psychology*, 1, 36-52

10. Moldovan, A., Onac, I., Vantu, M., **Szentagotai, A.**, & Onac, I. (2009). Emotional distress, pain catastrophising and expectancies in patients with low back pain. *Journal of Cognitive and Behavioral Psychotherapies*, 1, 83-95.

11. Voinescu, B, **Szentagotai, A.** & Coogan, A. (2009). Residents' clinical empathy: gender and speciality comparisons – a Romanian study. *Acta medica Academica*, 38, 11-15

12. **Szentagotai, A.**, Rusu, A., Gavita, O., & David, D. (2008). The “ghost” concepts of psychology” *Journal of Cognitive and Behavioral Psychotherapies*, 2, 239-243.
13. **Szentagotai, A.** (2006). Irrational beliefs, thought suppression and distress. *Journal of Cognitive and Behavioral Psychotherapies*, 2, 119-129.
14. **Szentagotai, A.**, & Kallay, E. (2006). The faster you move the longer you live – A test of rational emotive behavior therapy. *Journal of Cognitive and Behavioral Psychotherapies*, 1, 69-80.
15. David, D., **Szentagotai, A.**, Kallay, E., Macavei, B., (2005). A Synopsis of Rational Emotive Behaviour Therapy (REBT); Fundamental and Applied Research. *Journal of Rational-Emotive and Cognitive-Behavior Therapy*, 3, 175-221.
16. **Szentagotai, A.**, Schnur, J., DiGiuseppe R., Macavei, B., Kallay, E., David, D. (2005). The organization and the nature of irrational beliefs: schemas or appraisal? *Journal of Cognitive and Behavioral Psychotherapies*, 2, 139-158.
17. Băban, A., Balazsi, & **Szentagotai, A.** (2005). Understanding barriers to cervical cancer screening among Romanian women (Brief report). *Psychology & Health*, 20, 18-19. (ISI)
18. David, D., Macavei, B., **Szentagotai, A.**, McMahon, J. (2005). Cognitive Restructuring and Mental Contamination: an Empirical Re-Conceptualization. *Journal of Rational Emotive and Cognitive-Behavior Therapy*, 1, 21-55.

#### **E. Publicații în extenso apărute în lucrări ale principalelor conferințe internaționale de specialitate**

1. Serrano-Blanco, A., Rubio-Valera, M., Fernández, A., Baladón, L., Barneda, V., Olivari, E., Peñarrubia, M. T., Burton, C., **Szentagotai, A.**, & Wolters, M. (2012). E-Mental Health Care: patients and professionals views on its acceptability. Information and Communication Technologies applied to Mental Health. *Proceedings of the 1st workshop on ICT applied to Mental Health, Valencia, Spain, October 4th, 2012* (pp. 11-16).

#### **F. Alte lucrări și contribuții științifice**

1. Cosman, I., **Szentagotai, A.**, & David, D. (2012). Describe fear in your own words. Stories from the Holocaust: A historical and psychological analysis. *Revista Institutului national pentru Studiarea Holocaustului din România “Elie Wiesel”*, 5, 104-114.
2. Sucala M., Stefan, S., **Szentagotai, A.**, & David, D. (2010). Time flies when you expect to have fun. An experimental investigation of the relationship between expectancies and the perception of time progression. *Cognition, Brain, Behavior. An Interdisciplinary Journal*, 14, 81-99.

3. **Szentagotai, A.** & David, D. (2010). Thought suppression as emotional control strategy in depression. *Revista de Psihologie aplicată* 2, 61-66.
4. **Szentagotai, A.** (2006). The paradoxical effects of suppressing anxious thoughts. *Cognition, Brain, Behavior. An Interdisciplinary Journal*, 4, 599-606.
5. **Szentagotai, A.** (2006). Chronic thought suppression and psychopathology. *Cognition, Brain, Behavior. An Interdisciplinary Journal*, 3, 379-387.
6. **Szentagotai, A.,** Crăciun, C. (2005). Reprezentarea durerii la copii. *Cogniție Creier Comportament*, 9, 130-146.
7. **Szentagotai, A.** (2005). Cognitive Psychology Research as a Tool for Developing New Techniques in Cognitive Behavioral Therapy; A Clinical Example. *Journal of cognitive and Behavioral Psychotherapies*, 5, 83-93.
8. Tiba, & **Szentagotai, A** (2005). Positive Emotions and Irrational Beliefs. Dysfunctional Positive Emotions in Healthy Individuals. *Journal of cognitive and Behavioral Psychotherapies*, 5, 53-72.
9. Băban, A., Balazsi, & **Szentagotai, A.** (2004). Psychosocial Factors Affecting Negative Response to Cervical Cancer Screening in Romania. *Proceedings of the International Seminar on Reproductive Health Issues in Eastern Europe and the Former Soviet Union*, 1, 760-772.
10. **Szentagotai, A.** (2002). Distorsiuni cognitive în anorexia nervoasa. *Cogniție Creier Comportament*, 6, 65-84.
11. **Szentagotai, A.** (2001). Inhibiția cognitivă a materialului imagistic. Date și aplicații *Cogniție Creier Comportament*, 5, 371-384.
12. **Szentagotai, A.,** & Opre, A. (2001). Inhibiția cognitivă a materialului imagistic. *Revista de Psihologie Aplicată*, 4, 17-30.
13. **Szentagotai, A.** (1999). Emoțiile negative în reclamă. *Parallaxis*, 3, 25-34.
14. Băban, A., Balazsi, R., Bradley, J., Rusu, C., **Szentagotai, A.,** Tătaru, R. (2005). Psychosocial and Health System Dimensions of Cervical Cancer Screening in Romania.
15. Traducerea și adaptarea pe populație românească a *Interviului Clinic Structurat Structurat pentru Tulburările de pe Axa I a DSM-IV (SCID-I; versiunile Clinica si de Cercetare)*. Cluj-Napoca, RTS, 2006. (Coordonator: Daniel David).
16. Traducerea și adaptarea pe populație românească a *Interviului Clinic Structurat pentru Tulburările de pe Axa II a DSM-IV (SCID II)*. Cluj-Napoca, RTS, 2006. (Coordonator: Daniel David).